**WEEKLY MEAL PLANNING**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  |
|  | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| Breakfast  |  |  |  |  |  |  |  |
|  . Child 1 |  |  |  |  |  |  |  |
| . Child 2 |  |  |  |  |  |  |  |
| Lunch |  |  |  |  |  |  |  |
|  . Child 1 |  |  |  |  |  |  |  |
| . Child 2 |  |  |  |  |  |  |  |
| Dinner |  |  |  |  |  |  |  |
|  . Child 1 |  |  |  |  |  |  |  |
| . Child 2 |  |  |  |  |  |  |  |

*Popular Lunches: This jogs my memory…*

*Popular Dinners: ex. Tacos, Quesadillias, etc.*